

CULTURAL FOOD OPTIONS IN SUDBURY

There are many opportunities to enjoy a variety of culturally diverse foods in Greater Sudbury and surrounding areas. Listed inside are a selection of retail stores offering a wide array of ingredients and produce, along with exciting festivals and events to look forward to each year. Also included are links to resources featuring extensive lists of restaurants, community gardens and food programs available throughout the City.




Find a copy of this [resource online](#) for easy access to website and social media links.


RETAIL STORES

AN-MART

Vietnamese, Chinese, Korean, Japanese and other specialty foods


 1355 Falconbridge Rd.


 7 a.m. to 10 p.m. daily


 705-566-8822

Bombay Spices Sudbury

Indian food products

 428 Westmount Ave. Units 6 and 7

 10 a.m. to 9 p.m. daily


 705-586-0707

D&A Fine Meats

 1885 Paris St.

 8 a.m. to 5 p.m. Tuesday-Friday


8 a.m. to 4 p.m. Saturday

 705-522-8745

European Smoked Meat & Deli


European meats and ready-to-eat foods

 320 Froot Rd.

 Tuesday and Wednesday 10 a.m. to 5 p.m.

Thursday 10 a.m. to 6 p.m., Friday 9 a.m. to 5 p.m.


Saturday 9 a.m. to 4 p.m.

 705-671-4764


Giacomo's a Taste of Italy

Traditional Italian foods

 997 Lorne St.

 9 a.m. to 4 p.m. Tuesday to Friday


10 a.m. to 2 p.m. Saturday

 705-673-3304


Gourmet World

Gourmet European foods and baked goods

 Cedar Pointe Plaza, 1984 Regent St.

 9 a.m. to 5 p.m. Monday to Friday

9 a.m. to 4 p.m. on Saturdays

 705-522-0718

KingDou Asian Grocery

Asian food products

📍 1894 Lasalle Blvd.

🕒 10 a.m. to 9 p.m. from Monday to Friday
9 a.m. to 9 p.m. on Saturday and Sunday

☎ 705-562-3189

Leinala's Bakery

Traditional Finnish foods

📍 272 Caswell Dr.

🕒 8 a.m. to 5 p.m. Tuesday to Friday
8 a.m. to 4 p.m. on Saturday

☎ 705-522-1977

Miteo's Afro-Caribbean Food Store and Beauty Supply

Afro Caribbean food products and more

📍 450 Notre Dame Ave.

🕒 9 a.m. to 9 p.m. from Monday to Friday
10 a.m. to 8 p.m. on Saturday
12 to 7 p.m. on Sunday

☎ 705-918-0631

My Asian Market

Filipino, Korean, Japanese and other Southeast Asian specialty foods

📍 428 Westmount Ave., Unit 2

🕒 1:30 to 7 p.m. from Monday to Friday
10:30 a.m. to 7 p.m. on Saturday
10:30 a.m. to 6 p.m. on Sunday

☎ 705-470-2429

My Mother's Place

Italian food products

📍 1351 Kelly Lake Rd. Unit 2

🕒 9 a.m. to 5 p.m. from Tuesday to Saturday

☎ 705-222-8057



Regency Bakery & Deli

Authentic Italian foods

📍 1355 Regent St.

🕒 9 a.m. to 5 p.m. Monday to Friday
9 a.m. to 4 p.m. Saturday

☎ 705-522-8861

Regent One Stop Convenient Store

Ethnic foods and spices

📍 663 Regent St.

🕒 8 a.m. to 11 p.m. daily

☎ 705-586-3320

Sudbury African Market

African foods and more

📍 555 Barry Downe Rd.

🕒 10:30 a.m. to 8 p.m. from Monday to Saturday
12:30 to 8 p.m. on Sunday

☎ 705-918-1707

Sudbury Tropical Market

African, Caribbean, Asian foods and more

📍 893 Notre Dame Ave., unit 2

🕒 9 a.m. to 9 p.m. from Monday to Saturday
10 a.m. to 8 p.m. on Sunday

☎ 705-524-5420

Tarini Bros. Meat + Fish

Authentic Italian foods

📍 1055 Lorne St.

🕒 8 a.m. to 5 p.m. Monday to Saturday

☎ 705-673-6167

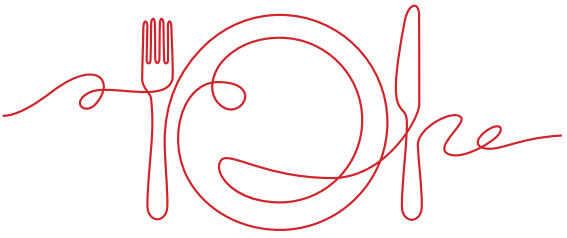
The Embassy Latino Market

Latin American food products

📍 1258 Kingsway

🕒 9:30 a.m. to 2:30 p.m. and 3 to 7 p.m. from Tuesday
to Sunday, closes at 4 p.m. on Sundays

☎ 705-566-2206



RESTAURANTS




Find an extensive list of restaurants categorized by cuisine type in the Food & Drink section on [DiscoverSudbury.ca](https://www.discoverSudbury.ca)






FESTIVALS AND EVENTS

Every summer the community gets together to celebrate a variety of cultures, with food often being a highlight of these festivities. Find more details on their websites and stay updated on event details by following their Facebook pages online.




African Cabaret

-  SteelWorkers' Union Hall and Conference Center
-  Late February/March
-  cifs@cifs.ca

Indian Food Carnival

-  Bell Park, Paris Street
-  Early June
-  indianfoodcarnival@gmail.com

Mabuhay! Philippine Festival

-  Bell Park, Paris Street
-  Late June
-  filipinocandian2023@yahoo.com

Sudbury Ukrainian Festival

📍 Villa Maria Camp, 2646 Richard Lake Dr.

🕒 Late June/early July

✉️ sudburyukrainianfestival@gmail.com

Sudbury Multicultural Canada Day Celebration

📍 Sudbury Community Arena, 240 Elgin St.

🕒 Early July at Bell Park

✉️ smfaa@greatersudbury.ca

Canada Day Festival

📍 Bell Park, Paris Street

🕒 Early July at Bell Park

✉️ canadadaysudbury.ca

Italian Festival

📍 Caruso Club, 385 Haig St.

🕒 Early July

✉️ office@carusoclub.ca

Japan Festival Sudbury

📍 Bell Park, Paris Street

🕒 Mid/late July

✉️ japanfestivalsudbury@gmail.com

Festival of India

📍 Bell Park, Paris St.

🕒 Late July

✉️ icasudbury@gmail.com

Sudbury Greek Festival

📍 St. Nicholas Greek Orthodox Church
468 Ester St.

🕒 Late July

✉️ [Contact through their website form](#)



Atikameksheng Anishnawbek Annual Jingtamok

📍 Sacred Grounds at Whitefish Lake Park Beach

🕒 Late July

✉️ events.coordinator@wlfm.com

Colombia Presente en Sudbury

📍 Twin Forks Fieldhouse, 1475 Gary Ave.

🕒 Late July

✉️ [Through their Instagram](#)

Wiikwemkoong Annual Cultural Festival

📍 Thunderbird Park on Manitoulin Island

🕒 Early August

✉️ wikyheritage@gmail.com

Afrofest Sudbury

📍 Bell Park, Paris Street

🕒 Late August

✉️ afrofestsudbury@gmail.com

Wahnapiatae First Nation Annual Traditional Pow Wow

📍 Jiingtamok (Pow Wow) Grounds at WFN

🕒 Mid to late August

✉️ [Through their website](#)

Ukrainian Garlic Festival

📍 Ukrainian Seniors' Centre, 555 Barry Downe Rd.

🕒 Late August

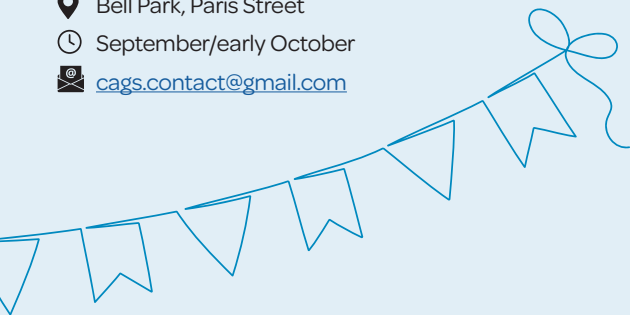
✉️ info@ukrseniors.org

Chinese Moon Festival

📍 Bell Park, Paris Street

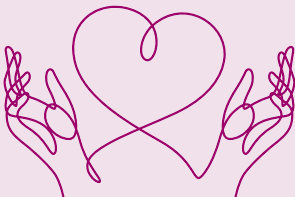
🕒 September/early October

✉️ cags.contact@gmail.com




SUPPORT PROGRAMS AND GROUPS

Affordable and cost-free food programs are available to accommodate those in a variety of circumstances. View the [Food Access Map](#) to find information on other programs available in Sudbury and surrounding areas.



Afro Women and Youth Foundation Food Bank


Registered Black immigrant women can make appointments for Food Basket pick-ups.


 1191 Lansing Ave., Unit 8

 info@afrowyf.org

Canadian Khalsa Darbar Sudbury

Serving Langar every day at 7:30 p.m. to their community members.


 131 Regent St.

 info@canadiankhalsadarbarsudbury.ca

Shkagamik-Kwe Health Centre

Wild Food Bank available to their registered clients through appointments and reservations.

 161 Applegrove St. / 105 Elm St.

 info@skhc.ca

COMMUNITY GARDENS

There are many opportunities to grow your own food in Sudbury through a community garden.

Visit SudburyCommunityGardens.ca for more information and get in touch with the garden's main contact to learn how to get involved.

